



**SUBJECT AREA:**

**PSHE**

**YEAR / GROUP:**

**KS4 Rolling Programme**

**BRIEF SUMMARY OF CURRICULUM INTENT**

The intention is to develop the whole child to provide them with the knowledge, skills and attributes needed to protect and enhance their wellbeing. HPRS is committed to providing a high quality educational experience for all pupils. Our curriculum determines and underpins the whole ethos of our school, which is that we want all pupils to achieve and to do well in all areas. At HPRS, our Relationships, Social, Health and Economic Education (RSHE) is taught through both discreet and cross-curricular lessons but also underpins all activities, educational visits (if and when appropriate), form time and guest speakers/visitors.

It is intended that we will offer a cohesive whole-school approach, which enables our pupils to become healthy, independent and responsible members of society. Our staff ensure that the lessons and activities are accessible to all pupils, creating suitable resources to support everyone.

Through lessons, pupils will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. Work is carried out on 'mind-set and attitudes' to inspire all pupils to achieve and believe in themselves, creating active, confident members of the community. Lessons will provide pupils with the knowledge they need to stay safe and to know when and how they can ask for help.

**How SMSC and British Values are delivered in this subject**

SMSC and British Values underpin all teaching and learning in RSHE. They are taught discreetly in lessons based on British Values and through the delivery of other key skills and topics. We are also members of Votes for schools, Votes for schools is a weekly Vote Pack in PowerPoint format providing resources for SMSC, British Values, Prevent, Pupil Voice and supports RSHE and Citizenship teaching. We use EC Publishing resources.

**KEY DATES / NOTES**

This Curriculum Map is a rolling programme for the whole of KS4 RSHE. By the end of year 11 pupils will have covered the whole curriculum. We have a membership with the PSHE organisation, this where we get our guidance and some resources from.

At St Davids, we believe that RSHE is the heart of our school. Alongside the statutory elements of the curriculum, we always allow room to address any issues and topics that may arise throughout the year – therefore enabling a responsive approach.

Timing	Key Skills	Teaching & Learning Themes Learning Styles	Assessment Focus <i>Methods of assessment</i>	Additional Features Resources Visits /Visitors/Events
<b>AUTUMN</b> Half term 1	<u>Mental Health</u>  Change Managing social anxiety Social media and self esteem Screen time Managing Time effectively The Importance of sleep Coping strategies Moods & Feelings	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities Teacher/visitor presentation Mind map	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.  Guest speaker TBA
<b>AUTUMN</b> Half term 2	<u>General Health</u>  Drugs. Alcohol Obesity and Body Positivity First Aid – CPR Hygiene Abortion Menopause Fertility and Reproductive Health	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities Teacher/visitor presentation Mind map	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.  NWD Drugs Red cross TBA Menopause speaker TBA Abortion speaker TBA
<b>SPRING</b> Half term 3	<u>Careers</u>  The right career for me Employability Skills: CV Careers in STEM Rights and Responsibilities Apprenticeship's	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities Teacher/visitor presentation Mind map	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.  Claire Gilkes Careers
<b>SPRING</b> Half term 4	<u>RSE -NWD</u>  Behaviour and choices Understanding positive relationships Sexual health marriages	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.  NWD

Timing	Key Skills	Teaching & Learning Themes Learning Styles	Assessment Focus <i>Methods of assessment</i>	Additional Features Resources Visits /Visitors/Events
	County lines Peer on Peer abuse Conflict resolution	Teacher/visitor presentation Mind map		
<b>SUMMER</b> Half term 5	<u>Protected Characteristics</u> Same-sex relationships Gender and trans identity Sexism Identity and Diversity LGBTQ+	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities Teacher/visitor presentation Mind map	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.  NWD <b>Guest speakers TBA</b>

Timing	Key Skills for each half term	Teaching & Learning Themes Learning Styles	Assessment Focus <i>Methods of assessment</i>	Additional Features Resources Visits /Visitors/Events
<b>SUMMER</b> Half term 6	<u>Health &amp; Wellbeing</u> Homelessness Hate crime Knife Crime Grief and bereavement, Suicide	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities Teacher/visitor presentation Mind map	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.  <b>Phoenix TBA</b>
<b>AUTUMN</b> Half term 7	<u>Online Safety</u> Risk taking and decision making Gambling/online gambling Digital Footprints Personal safety in the wider world Social Media	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities Teacher/visitor presentation Mind map	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.

<b>Timing</b>	<b>Key Skills for each half term</b>	<b>Teaching &amp; Learning Themes Learning Styles</b>	<b>Assessment Focus Methods of assessment</b>	<b>Additional Features Resources Visits /Visitors/Events</b>
<b>Autumn</b> Half term 8	<u>Police</u> Stop and search Roads policing Drugs Hate Crime Safer Neighbourhood team Dog section	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities Teacher/visitor presentation Mind map	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.  Guest speaker – Ali Thompson CSO Youth engagement team
<b>Spring</b> Half term 9	<u>RSE – Purple Leaf</u> Consent Sexual Violence Myths and Stereotypes CSE	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities Teacher/visitor presentation Mind map	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.  Guest speaker – Purple leaf
<b>SPRING</b> Half term 10	<u>Life skills</u> GCSE revision and study skills Applying to college/university Independent living Preparing for job interviews Health and safety at work Trade unions	Pair, group & individual work Case studies Group discussion Feedback exercises Read aloud activities Teacher/visitor presentation Mind map	Ongoing discussions, High quality questioning Written work Worksheets	RAG ratings on RSHE assessment tracker Topic will be revisited if necessary.  Three colleges taster day
<b>SUMMER</b> Half term 11	<u>Finance</u>  LIBF qualification L1 &L2	Online learning	Online exam	<a href="http://www.libf.ac.uk">www.libf.ac.uk</a>

## Cross Curricular RSHE Coverage

Subject	Topic	Evidence
<b>Maths</b>	N/A	
<b>English</b>	<p>Families / parenting / social responsibility / punishment / crime / animal rights / children's rights Heritage / cultural identity/ prejudice / religion / power of nature / women's rights</p> <p>Smuggling / pride / totalitarian regime and oppression / animal rights / camaraderie and friendship, loyalty / vigilantism / body image and campaigning for change / social injustice and poverty / Celebrityism</p> <p>Rights prejudice / gang crime / vulnerability and resilience / refugees / immigration / homelessness</p> <p>War / hierarchy and leadership heritage / cultural identity class system / animal dictatorships / nationalism / prejudice</p> <p>War crimes and propaganda / genocide / bereavement/punishment cultural identity</p> <p>Careers: applying for jobs</p> <p>Protected characteristics: age /gender/race/religion</p>	<p>GCSE, speaking and listening, coursework</p> <p>Workbooks</p>
<b>Art</b>	Students choose topics for their GCSE portfolios. They are sometimes RSHE themed. Past examples have included race, religion, gender, drugs and knife crime.	GCSE portfolios
<b>Sport</b>	Body image, diet, fitness, gender specific sports, careers.	BTEC Portfolio, worksheets. General discussion
<b>Food</b>	Diet and nutrition	BTEC worksheets
<b>ICT</b>	Staying safe online, household bills (spreadsheet), CV writing (MS Word)	Worksheets, CV
<b>ASDAN</b>	Organisations that help people in your community, knife crime, homelessness, plan and prepare a healthy snack, first aid course, work experience, beliefs and values unit	ASDAN portfolio