



## HPRS CURRICULUM MAP



**SUBJECT AREA:** PE

**YEAR / GROUP:** KS3

### BRIEF SUMMARY OF CURRICULUM INTENT

We are committed to delivering a broad and challenging curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities.

It will provide opportunities for pupils to become confident in a way which supports their health and fitness. All pupils will be exposed to activities that will encourage them to engage in life-long physical activity. Pupils will not only develop skills and fitness to apply in sporting contexts (agility, balance and co-ordination) but skills that can be applied to the wider world (team work, communication, self-worth and dealing with adversity) and serve them throughout their entire lives. We want our learners to be: resilient, self-motivated and independent. We will provide a learning environment which allows our pupils to thrive; trying new challenges, improving on old challenges, and failing confidently (knowing this is all part of the progression). Opportunities to compete in sport and other activities will build character.

Literacy - Oracy when communicating with others. Match reports, Completing worksheets. Applying correct terminology when describing reciprocal teaching of strokes

Numeracy - Scoring and running of tournaments. Scoring games. Calculating routine scores

Teamwork: overcoming conflict, communication, working with others

Problem Solving - critical thinking.

Resilience when learning / performing a new skill / event / match

Creativity, Leadership Confidence Literacy - Improving your own / others performance. Articulating opinions and reflecting on advice from others.

### How SMSC and British Values are delivered in this subject

#### Moral Development

- Recognise the unique value of every individual – it's good to be different
- Listen and respond appropriately to the views of others
- Gain the confidence to cope with setbacks and learn from mistakes
- Take initiative and act responsibly with consideration for others
- Know the difference between right and wrong, especially when following rules for different sports.

#### Social Development

- Develop an understanding of their individual and group identity, as part of a team
- Helping others in the school through teamwork in PE
- Develop leadership skills

British Values of **tolerance and respect** (others will have different skills and abilities), **rule of law** (as shown by the rules involved in each sport), and **respect** for one another's efforts underpin our work in PE.

KEY DATES / NOTES

Timing	Key Skills <i>What pupils are learning to do</i>	Teaching & Learning Themes & Styles <i>Topics, Activities, Learning Styles</i>	Assessment Focus <i>including dates and suggested assessments and methods of assessment</i>	Additional Features <ul style="list-style-type: none"> <li>• Literacy Elements</li> <li>• Curriculum Links</li> <li>• Visits / Events</li> </ul>
<b>AUTUMN</b> Half term 1	<p><b>FOOTBALL, BASKETBALL, RUGBY , BADMINTON &amp; TABLE TENNIS</b>  Develop basic skills, knowledge and understanding of the rules.</p> <p><b>BOXING, HEALTH &amp; FITNESS</b>  Develop boxing technique and objectives in the bronze book of the boxing club.  1 We use the new boxing skills booklet that we are constructing, called the "Young Lions Awards". The first award booklet is all non-contact and it will have 6 levels (We can give a certificate for each level). Each level would be the equivalent of a term, but for learners that are struggling it can be set at any pace. The course booklet can be kept here or at the school.  2. As well as the foundation of the non-contact award above, we give a theme to each term. For example Hate Crime one term, Anger Management another and then an Anti-bullying program. Each theme will also receive a certificate.  3. All of the above are small steps with certificates along the way so we have a set programme of small successes as all should be achievable. General fitness skills through fitness assessment and challenges.</p>	<p><b>Topic-All About Me</b>  <i>Share favourite teams and players.</i>  <i>What is your favourite sporting activity?</i>  <i>Teach others your favourite sporting activity.</i></p> <p><i>Write about your own experiences of sport at primary / your old secondary</i></p> <p><i>Have you ever been to a sports match? What was it like?</i></p> <p><i>Look at famous sporting heroes- what do did they achieve? Why people look up to them?</i></p> <p><i>Sporting Knighthoods? Who has been knighted? Why?</i></p> <p><b>Football</b>  <b>Basketball</b>  <b>Rugby</b>  <b>Badminton</b>  <b>Table tennis</b></p> <p><b>Boxing</b>  <b>Health and fitness</b>  <b>Fitness test permeant</b>  <b>Fitness test intervention</b></p>	<p>Photo evidence in book with teacher comments.</p> <p>Tick sheet showing how many times they have met the skills</p> <p>Boxing booklet to be filled by pupils and teacher</p> <p>End of half term test on skills covered.</p> <p>End of the year reports.</p> <p>Target review and setting</p> <p>Fitness test termly.</p> <p>Fitness test for intervention students. Start and finish</p>	<p>Literacy- Written work in books</p> <p>ICT- Use of PC to research</p> <p>History- Explore famous sports stars through time</p> <p>Guessed visits from well-known sports person</p> <p>Team games against other schools.  Hereford football club.  Hereford blind college.  Pegasus football club.</p> <p>South wye boxing club.  Halo.</p>

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<b>AUTUMN</b> Half term 2	<p><b>FOOTBALL, BASKETBALL, RUGBY, BADMINTON &amp; TABLE TENNIS.</b> Develop basic skills, knowledge and understanding of the rules.</p> <p><b>Boxing, Health and fitness.</b> Develop boxing technique and objectives in the bronze book of the boxing club.</p> <p>1 We use the new boxing skills booklet that we are constructing, called the "Young Lions Awards". The first award booklet is all non-contact and it will have 6 levels (We can give a certificate for each level). Each level would be the equivalent of a term, but for learners that are struggling it can be set at any pace. The course booklet can be kept here or at the school.</p> <p>2. As well as the foundation of the non-contact award above, we give a theme to each term. For example Hate Crime one term, Anger Management another and then an Anti-bullying program. Each theme will also receive a certificate.</p> <p>3. All of the above are small steps with certificates along the way so we have a set programme of small successes as all should be achievable. General fitness skills through fitness assessment and challenge.</p>	<p><b>Topic-Journeys</b> Reading maps and finding certain points. Practise orienteering skills</p> <p>Measuring distance between places</p> <p>Sporting journeys- Ellen McCaughey</p> <p>How long is a Marathon?</p> <p>What journeys do people take in sport?</p> <p>Films / documentaries on the journeys of sporting heroes from novice to professional</p> <p>Sporting heroes from around the world</p> <p>Football Basketball Rugby Badminton Table tennis</p> <p>Orienteering Bush craft Boxing Health and fitness</p> <p>Fitness test intervention.</p>	<p>Orienteering task – photos and teacher comment</p> <p>Photo evidence in book with teacher comments</p> <p>Tick sheet showing how many times they have met the skills</p> <p>Boxing booklet to be filled by pupils and teacher</p> <p>End of half term test on skills covered</p>	<p>Literacy- Written work in books</p> <p>ICT- Use of PC to research</p> <p>History- Explore famous journeys through time</p> <p>Maths link- measuring distances with running</p> <p>History- looking at how measurements have changed over time? Differences between yard and metre?</p> <p>Guessed visits from well-known sports person</p> <p>Team games against other schools. Hereford football club. Hereford blind college. Pegasus football club.</p> <p>Visit Malvern hills, Hay on wye, Brecon</p> <p>South wye boxing club. Halo.</p>

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<b>SPRING</b> Half term 3	<p><b>FOOTBALL, BASKETBALL, RUGBY, TENNIS, TABLE TENNIS &amp; BADMINTON.</b> Develop basic skills, knowledge and understanding of the rules.</p> <p><b>Map reading: Reading maps and finding certain points</b></p> <p><b>Boxing, Health and fitness.</b> Develop boxing technique and objectives in the bronze book of the boxing club.</p> <p>1. We use the new boxing skills booklet that we are constructing, called the "Young Lions Awards". The first award booklet is all non-contact and it will have 6 levels (We can give a certificate for each level). Each level would be the equivalent of a term, but for learners that are struggling it can be set at any pace. The course booklet can be kept here or at the school.</p> <p>2. As well as the foundation of the non-contact award above, we give a theme to each term. For example Hate Crime one term, Anger Management another and then an Anti-bullying program. Each theme will also receive a certificate.</p> <p>3. All of the above are small steps with certificates along the way so we have a set programme of small successes as all should be achievable. General fitness skills through fitness assessment and challenges.</p>	<p><b>Topic-Detectives</b> <i>Find out who was the top goal scorer last year of your favourite team.</i></p> <p><i>Who is the heavy weight champion?</i></p> <p><i>Surveys – Ask staff favourite sport?</i></p> <p><i>Do they prefer watching or participating?</i></p> <p><i>Picture – what sport is it? (something they can't guess)</i></p> <p><i>Find items with items that is needed to start a game.</i></p> <p><i>Identify sporting objects under a blanket</i></p> <p><b>Football</b> <b>Basketball</b> <b>Rugby</b> <b>Tennis</b> <b>Badminton</b></p> <p><b>Orienteering</b> <b>Bush craft</b></p> <p><b>Boxing</b> <b>Health and fitness</b></p> <p><b>Fitness termly</b> <b>Fitness test intervention</b></p>	<p>Photo evidence in book with teacher comments</p> <p>Tick sheet showing how many times they have met the skills</p> <p>Boxing booklet to be filled by pupils and teacher</p> <p>End of half term test on skills covered</p>	<p>Literacy- Written work in books</p> <p>ICT- Use of PC to research</p> <p>History- Explore famous sports stars through time</p> <p>Team games against other schools. Hereford football club. Hereford blind college. Pegasus football club.</p> <p>Visit Malvern hills, Hay on wye, Brecon</p> <p>Guessed visits from well-known sports person</p> <p>South wye boxing club Halo</p>

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<b>SPRING</b> Half term 4	<p><b>FOOTBALL, BASKETBALL, RUGBY</b>  Develop basic skills, knowledge and understanding of the rules.</p> <p><b>TENNIS, TABLE TENNIS &amp; BADMINTON.</b>  Develop basic technique and perform a range of shots, develop knowledge of rules and scoring.</p> <p><b>MAP READING: Reading maps and finding certain points.</b></p> <p><b>BOXING, HEALTH &amp; FITNESS.</b>  Develop boxing technique and objectives in the bronze book at the boxing club.</p> <p>1. We use the new boxing skills booklet that we are constructing, called the "Young Lions Awards". The first award booklet is all non-contact and it will have 6 levels (We can give a certificate for each level). Each level would be the equivalent of a term, but for learners that are struggling it can be set at any pace. The course booklet can be kept here or at the school.</p> <p>2 As well as the foundation of the non-contact award above, we give a theme to each term. For example Hate Crime one term, Anger Management another and then an Anti-bullying program. Each theme will also receive a certificate.</p> <p>3. All of the above are small steps with certificates along the way so we have a set programme of small successes as all should be achievable. General fitness skills through fitness assessment and challenges.</p>	<p><b><i>Topic-Herefordshire</i></b></p> <p><b><i>Find out about Hereford united / football club</i></b>  <b><i>Local sports, clubs and venues</i></b>  <b><i>Local events</i></b>  <b><i>Marshall a run</i></b>  <b><i>Leisure centre – run a event</i></b></p> <p><b><i>Football</i></b>  <b><i>Basketball</i></b>  <b><i>Rugby</i></b></p> <p><b><i>Tennis</i></b>  <b><i>Table tennis</i></b>  <b><i>Badminton</i></b></p> <p><b><i>Orienteering</i></b>  <b><i>Bush craft</i></b></p> <p><b><i>Boxing</i></b>  <b><i>Health and fitness</i></b></p> <p><b><i>Fitness test permanent</i></b></p>	<p>Photo evidence in book with teacher comments</p> <p>Tick sheet showing how many times they have met the skills</p> <p>Boxing booklet to be filled by pupils and teacher</p> <p>End of half term test on skills covered</p>	<p>Literacy- Written work in books</p> <p>ICT- Use of PC to research</p> <p>History- Explore local sports stars through time</p> <p>Team games against other schools.  Hereford football club.  Hereford blind college.  Pegasus football club.</p> <p>Visit Malvern hills, Hay on wye, Brecon</p> <p>Guessed visits from well-known sports person</p> <p>South wye boxing club  Halo</p>

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<b>SUMMER</b> Half term 5	<p>ATHELETICS.            Develop basic technique for running, jumping and throwing.</p> <p>TENNIS, TABLE TENNIS            Develop basic technique and perform a range of shots, develop knowledge of rules and scoring.</p> <p>ROUNDERS.            Develop skills, tactics and strategies</p> <p><b>BOXING, HEALTH &amp; FITNESS.</b>            Develop boxing technique and objectives in the bronze book at the boxing club.</p> <p>1. We use the new boxing skills booklet that we are constructing, called the "Young Lions Awards". The first award booklet is all non-contact and it will have 6 levels (We can give a certificate for each level). Each level would be the equivalent of a term, but for learners that are struggling it can be set at any pace. The course booklet can be kept here or at the school.</p> <p>2. As well as the foundation of the non-contact award above, we give a theme to each term. For example Hate Crime one term, Anger Management another and then an Anti-bullying program. Each theme will also receive a certificate.</p> <p>3. All of the above are small steps with certificates along the way so we have a set programme of small successes as all should be achievable. General fitness skills through fitness assessment and challenges.</p>	<p><b><i>Topic-People and Place</i></b></p> <p><b><i>Look up for any information regarding any famous sportsman and woman in Herefordshire.</i></b></p> <p><b><i>Athletics</i></b></p> <p><b><i>Tennis</i></b></p> <p><b><i>Rounder's</i></b></p> <p><b><i>Boxing</i></b></p> <p><b><i>Health and fitness</i></b></p> <p><b><i>Fitness test intervention</i></b></p>	<p>Photo evidence in book with teacher comments</p> <p>Tick sheet showing how many times they have met the skills</p> <p>Boxing booklet to be filled by pupils and teacher</p> <p>End of half term test on skills covered</p>	<p>Literacy- Written work in books</p> <p>ICT- Use of PC to research</p> <p>History- Explore famous sports stars through time</p> <p>Look up for any information regarding any famous sportsman and woman in Herefordshire.</p> <p>Use bishop meadows and halo. Compete against other schools</p> <p>Play at tennis clubs</p> <p>Bishop meadows, play teams from other schools</p> <p>Guessed visits from well-known sports person</p> <p>South wye boxing club Halo</p>

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<b>SUMMER</b> Half term 6	<p><b>CRICKET, ROUNDERS, SOFTBALL, VOLLEYBALL</b>  Develop basic skills, knowledge and understanding of the rules. Tactics and strategies.</p> <p><b>BOXING, HEALTH &amp; FITNESS.</b>  Develop boxing technique and objectives in the bronze book at the boxing club.</p> <p>1. We use the new boxing skills booklet that we are constructing, called the "Young Lions Awards". The first award booklet is all non-contact and it will have 6 levels (We can give a certificate for each level). Each level would be the equivalent of a term, but for learners that are struggling it can be set at any pace. The course booklet can be kept here or at the school.</p> <p>2. As well as the foundation of the non-contact award above, we give a theme to each term. For example Hate Crime one term, Anger Management another and then an Anti-bullying program. Each theme will also receive a certificate.</p> <p>3. All of the above are small steps with certificates along the way so we have a set programme of small successes as all should be achievable. General fitness skills through fitness assessment and challenges.</p>	<p><b>Topic- Environment</b></p> <p><i>Different weather condition for sport.</i>  <i>Climate for runners and other sport.</i>  <i>Cold places for like skiing</i></p> <p><i>Cricket</i>  <i>Rounder's</i>  <i>Softball</i>  <i>Volleyball</i></p> <p><i>Boxing</i></p> <p><i>Health and fitness</i>  <i>Fitness test termly</i>  <i>Fitness test intervention</i></p>	<p>Photo evidence in book with teacher comments</p> <p>Tick sheet showing how many times they have met the skills</p> <p>Boxing booklet to be filled by pupils and teacher</p> <p>End of half term test on skills covered</p>	<p>Literacy- Written work in books</p> <p>ICT- Use of PC to research</p> <p>History- Explore famous sports stars through time</p> <p>Bartestree cricket club</p> <p>Use bishop meadows and halo.</p> <p>Compete against other schools</p> <p>Guessed visits from well-known sports person</p> <p>South wye boxing club Halo</p>